

Stepping Into Your Potential

Many people struggle to feel they are fulfilling their potential. The prevalence of Imposter Syndrome is rife. Whenever anyone is going through change, moving roles, moving up, starting a new project, leading a new team, dealing with restructuring, dealing with change – people can feel self-doubt, lose confidence and lose sight of what's possible.



However it is very simple to turn things around and for people to connect with their own potential.

In this highly interactive and practical session Hazel uses the Lumination® theme of Potential in a simple process where each individual creates and steps into their circle of potential.

Delegates come away with clarity about their potential and a tool they can use to step into and enhance their potential again and again.

Who is this talk for?

- Organisations that want to support talented people to maximise their potential.
- Companies that want to increase confidence and motivation in their leaders and teams.
- Organisations wanting to energise people with a lively and inspiring practical session.
- People who know they have more to give and are ready to move forward using a fast-track approach.

What will the audience gain?

- They will discover what potential means to them.
- They will create their own unique circle of potential.
- They will come away with a practical tool they can use to enhance and maintain potential over time.